

Monday

	Main Pool								Warm Water Therapy Pool			Lagoon Pool	Steam Room and Whirlpool			
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3					
6:00 AM												CLOSED				
6:30 AM																
7:00 AM																
7:30 AM																
8:00 AM																
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9:00 AM																
9:30 AM																
10:00 AM																
10:30 AM									Splashin' Seniors 10:15 - 11:15 am							
11:00 AM																
11:30 AM									Arthritis Foundation Aqua Therapy 11:30am - 12:30pm							
12:00 PM									CLOSED							
12:30 PM																
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2:00 PM									CLOSED							
2:30 PM																
3:00 PM																
3:30 PM																
4:00 PM	Swim Team Practice 4 - 8pm								NWSRA 4 - 5pm		Swim Lessons 4:20 - 7:30pm		Swim Lessons 5:10 - 6:40pm			
4:30 PM																
5:00 PM									Swim Lessons 4:20 - 7:30pm							
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Tuesday

	Main Pool								Warm Water Therapy Pool			Lagoon Pool	Steam Room and Whirlpool
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3		
6:00 AM												CLOSED	
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4:00 PM	Swim Team Practice 4 - 8pm									Swim Lessons 4:20 - 6:40pm		Swim Lessons 5:10 - 6:40pm	
4:30 PM													
5:00 PM					Swim Lessons 4:20 - 7:30pm								
5:30 PM													
6:00 PM													
6:30 PM													
7:00 PM													
7:30 PM									Flex and Flow 7 - 8pm				

Wednesday

	Main Pool							Warm Water Therapy Pool			Lagoon Pool	Steam Room and Whirlpool			
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3				
6:00 AM												CLOSED			
6:30 AM															
7:00 AM															
7:30 AM															
8:00 AM				Power Splash 7:45 - 8:45am											
8:30 AM				Deep Dynamics 9 - 10am											
9:00 AM															
9:30 AM															
10:00 AM									Splashin' Seniors 10:15 - 11:15 am						
10:30 AM									Arthritis Foundation Aqua Therapy 11:30am - 12:30pm						
11:00 AM									CLOSED						
11:30 AM									CLOSED						
12:00 PM									CLOSED						
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1:30 PM									CLOSED						
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2:30 PM									CLOSED						
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3:30 PM									CLOSED						
4:00 PM	Swim Team Practice 4 - 8pm														
4:30 PM															
5:00 PM															
5:30 PM									Swim Lessons 4:20 - 7:30pm			NWSRA 4 - 7pm		Swim Lessons 4:20 - 7:30pm	Swim Lessons 5:10 - 6:40pm
6:00 PM															
6:30 PM															
7:00 PM															
7:30 PM															

Thursday

	Main Pool								Warm Water Therapy Pool			Lagoon Pool	Steam Room and Whirlpool
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3		
6:00 AM													
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Aqua Kickboxing 7:45 - 8:45 am

Swim Team Practice
4 - 8pm

Swim Lessons
4:20 - 7:30pm

CLOSED

CLOSED

Swim Lessons
4:20 - 6:40pm

Aqua Fusion 7 - 8pm

CLOSED

Swim Lessons
5:10 - 6:40pm

Saturday

	Main Pool								Warm Water Therapy Pool			Lagoon Pool	Steam Room and Whirlpool	
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3			
7:00 AM									CLOSED			CLOSED		
7:30 AM														
8:00 AM	Swim Lessons 8:20 - 11:30am		H2O Boot Camp 8 - 9am					Swim Lessons 8:20 - 11:30 am			Swim Lessons 9:10 - 10:40am			
8:30 AM														
9:00 AM														
9:30 AM														
10:00 AM														
10:30 AM	Private Birthday Parties 11am - 3pm													
11:00 AM														
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4:30 PM														
5:00 PM														
5:30 PM														

Sunday

	Main Pool								Warm Water Therapy Pool			Lagoon Pool	Steam Room and Whirlpool
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3		
8:00 AM						Swim Lessons 8:20 - 11:30 am			Swim Lessons 8:20 - 11:30 am			CLOSED	
8:30 AM													
9:00 AM													
9:30 AM													
10:00 AM													
10:30 AM						Private Birthday Parties 11am - 3pm							
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