

Monday

	Main Pool							Warm Water Therapy Pool			Lagoon Pool	Steam Room and Whirlpool	
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3		
6:00 AM											CLOSED		
6:30 AM													
7:00 AM													
7:30 AM													
8:00 AM													
8:30 AM								Power Splash 7:45 - 8:45am					
9:00 AM								Deep Dynamics 9 - 10am					
9:30 AM													
10:00 AM													
10:30 AM								Splashin' Seniors 10:15 - 11:15 am					
11:00 AM								Arthritis Foundation Aqua Therapy 11:30am - 12:30pm					
11:30 AM								CLOSED					
12:00 PM								CLOSED					
12:30 PM								CLOSED					
1:00 PM								CLOSED					
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2:30 PM								CLOSED					
3:00 PM								CLOSED					
3:30 PM								CLOSED					
4:00 PM	Swim Team Practice 4 - 8pm							Swim Lessons 4:20 - 7:30pm		NWSRA 4 - 5pm	Swim Lessons 4:20 - 7:30pm		Swim Lessons 5:10 - 6:40pm
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Tuesday

	Main Pool								Warm Water Therapy Pool			Lagoon Pool	Steam Room and Whirlpool
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3		
6:00 AM												CLOSED	
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Swim Team Practice
4 - 8pm

Swim Lessons
4:20 - 7:30pm

Swim Lessons
4:20 - 6:40pm

Flex and Flow 7 - 8pm

Swim Lessons
5:10 - 6:40pm

Wednesday

	Main Pool								Warm Water Therapy Pool			Lagoon Pool	Steam Room and Whirlpool
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3		
6:00 AM												CLOSED	
6:30 AM													
7:00 AM													
7:30 AM													
8:00 AM													
8:30 AM													
9:00 AM													
9:30 AM													
10:00 AM													
10:30 AM									Splashin' Seniors 10:15 - 11:15 am				
11:00 AM									Arthritis Foundation Aqua Therapy 11:30am - 12:30pm				
11:30 AM									CLOSED				
12:00 PM									CLOSED				
12:30 PM									CLOSED				
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2:30 PM									CLOSED				
3:00 PM									CLOSED				
3:30 PM									CLOSED				
4:00 PM	Swim Team Practice 4 - 8pm											Swim Lessons 5:10 - 6:40pm	
4:30 PM													
5:00 PM													
5:30 PM													
6:00 PM													
6:30 PM													
7:00 PM													
7:30 PM													

Power Splash 7:45 - 8:45am

Deep Dynamics 9 - 10am

Splashin' Seniors 10:15 - 11:15 am

Arthritis Foundation Aqua Therapy 11:30am - 12:30pm

CLOSED

Swim Team Practice 4 - 8pm

Swim Lessons 4:20 - 7:30pm

Swim Lessons 4:20 - 7:30pm

NWSRA 4 - 7pm

Swim Lessons 5:10 - 6:40pm

Friday

	Main Pool								Warm Water Therapy Pool			Lagoon Pool	Steam Room and Whirlpool
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3		
6:00 AM												CLOSED	
6:30 AM													
7:00 AM													
7:30 AM													
8:00 AM					Power Splash 7:45 - 8:45am								
8:30 AM					Deep Dynamics 9 -10am								
9:00 AM													
9:30 AM													
10:00 AM									Splashin' Seniors 10:15 - 11:15 am				
10:30 AM									Arthritis Foundation Aqua Therapy 11:30am - 12:30pm				
11:00 AM									CLOSED				
11:30 AM									CLOSED				
12:00 PM									CLOSED				
12:30 PM									CLOSED				
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2:00 PM									CLOSED				
2:30 PM									CLOSED				
3:00 PM									CLOSED				
3:30 PM									CLOSED				
4:00 PM	Swim Team Practice 4 - 8pm												
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7:30 PM													

Saturday

	Main Pool								Warm Water Therapy Pool			Lagoon Pool	Steam Room and Whirlpool
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3		
7:00 AM									CLOSED			CLOSED	
7:30 AM													
8:00 AM	Swim Lessons 8:20 - 11:30am		H2O Boot Camp 8 - 9am					Swim Lessons 8:20 - 11:30 am			Swim Lessons 9:10 - 10:40am		
8:30 AM													
9:00 AM													
9:30 AM													
10:00 AM													
10:30 AM										Private Birthday Parties 11am - 3pm			
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Sunday

	Main Pool								Warm Water Therapy Pool			Lagoon Pool	Steam Room and Whirlpool
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 1	Lane 2	Lane 3		
8:00 AM						Swim Lessons 8:20 - 11:30 am			Swim Lessons 8:20 - 11:30 am			CLOSED	
8:30 AM													
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10:00 AM													
10:30 AM						Private Birthday Parties 11am - 3pm							
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